



# 6<sup>TH</sup> CONGRESS OF ECOSEP

EUROPEAN COLLEGE OF SPORTS & EXERCISE PHYSICIANS

FROM  
LABS TO  
THE PITCH



SAVE  
THE DATE

29/30  
Nov. 2019

INSEP  
PARIS - FRANCE





**350 participants** from high level sports medicine: doctors, dentists, physiotherapists, psychologists, chiropodists...

**Two expert communication days** on various themes related to sport high level: search, recovery, trauma, regenerative medicine, nutrition, dental health ...

The participation of recognized personalities such as **Nicola MAFFULLI, Jean-Louis CROISIER, Jean-Luc DARTEVELLE ...**

A conference venue in lush greenery in the heart of "Grand Paris", where performance rhymes with excellence.

### FRIDAY 29 NOVEMBER 2019

Salles	Paris 1900 (220p)	Pierre de Coubertin (180p)	Londres 2012 (100p)	Salle Greque (50p)	Los Angeles 1984 Séoul 1988 (50p)
Horaires					
08.00-09.00	Registration participants				
09.00-10.00	Plenary session <b>Research in sport - From labs to the pitch</b>				
10.00-10.30	Plenary session <b>Opening ceremony</b>				
10.30-11.00	Stand visit - coffee break				
11.00-13.00	<b>EA4SD 1</b>	<b>Ultra Sports Science Foundation</b>	<b>Sports psychology</b>	<b>Team physician challenge</b>	<b>Workshop FC Barcelona</b>
13.00-14.30	Stand visit - lunch break				
14.30-16.30	<b>Tendinopathies</b>	<b>ACL</b>	<b>Ankle</b>	<b>Recovery</b>	<b>Workshop EA4SD</b>
16.30-17.00	Stand visit - coffee break				
17.00-18.30	Plenary session <b>Session FRENAP2</b>				
20.00	Official dinner in Paris ( <u><a href="#">departure INSEP 7.15 pm</a></u> )				

### SATURDAY 30 NOVEMBER 2019

Salles Horaires	Paris 1900 (220p)	Pierre de Coubertin (180p)	Londres 2012 (100p)	Salle Grecque (50p)	Los Angeles 1984 Séoul 1988 (50p)
8.30-10.30	<b>Muscle injury</b>	<b>Athlete's spine</b>	<b>EA4SD 2</b>	<b>Principles of field of play medical cover and emergencies sports even medical cover</b>	
10.30-11.00	Stand visit - coffee break				
11.00-13.00	<b>Regenerative medicine</b>	<b>EA4SD 3</b>	<b>Sports nutrition</b>	<b>Flash posters</b>	<b>Regenerative medicine</b>
13.00-14.30	Stand visit - lunch break				
14.30-16.30	<b>How can sports and exercise medicine enhance prevention</b>	<b>Return to play criteria</b>	<b>Women and sports</b>	<b>Joint session with ESPRM SISC Sports Affairs</b>	<b>How can sports and exercise medicine enhance prevention</b>
16.30-17.00	Stand visit - coffee break				
17.00-18.30	Plenary session <b>Award and take home messages</b>				



# ECOSEP CONGRESS

Dedicated spaces



## A wooded setting of 28 hectares

At the heart of the metropolis of the "Grand Paris" and close to train stations and international airports, a real campus which combines 26 Olympic disciplines, more than 600 elite athletes and 150 national coaches,



## A unique conference venue

The INSEP "Paris 1900" room, 350 seats in a modern and pleasant space with a main screen broadcast on six TVs distributed on both sides of the room for maximum comfort of the participants as well as in the amphitheater "Pierre de Coubertin" very close

## A dedicated space, gathering exhibitors and catering

The space exhibitors and all catering services (coffee breaks and lunch) will be gathered in a spacious tent, located near the room "Paris 1900" : many customer relations opportunities during the day.





### REGISTRATION FEES

CATEGORIE	UP TO 31/10/2019	FROM 1/11/2019
STUDENT, ASSISTANT	250 €	300 €
ECOSEP MEMBER	400 €	450 €
NON ECOSEP MEMBER	480 €	530 €
EA4SD MEMBER	400 €	450 €
NON EA4SD MEMBER	480 €	530 €

Opening registration on line : **1<sup>st</sup> june 2019**

Deadline for registration : **1<sup>st</sup> november 2019**

Congress website : [www.ecosep.eu](http://www.ecosep.eu)



## METRO

**LINE 1 LA DÉFENSE - CHÂTEAU DE VINCENNES**  
GET OFF AT FINAL STATION **CHÂTEAU DE VINCENNES**  
**BUS LINE 112, INSEP BUS STOP**

## RER

**RER LINE A, DIRECTION BOISSY-ST-LÉGER** GET OFF  
AT **JOINVILLE**  
**BUS LINE 112, INSEP BUS STOP**

## CAR

**A4 (THROUGH PORTE DE BERCY) EXIT AT JOINVILLE BOULEVARD PÉRIPHÉRIQUE (RING ROAD), EXIT AT PORTE DE VINCENNES OR PORTE DORÉE**

## Contacts :

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- For informations about the congress : [relations.internationales@insep.fr](mailto:relations.internationales@insep.fr)



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