



E.C.O.S.E.P.



جامعة محمد بن راشد
للطب والعلوم الصحية
MOHAMMED BIN RASHID UNIVERSITY
OF MEDICINE AND HEALTH SCIENCES



OFFICIAL MEDICAL CENTRE



BARÇA
INNOVATION HUB

5th Congress of E.C.O.S.E.P

(European College of Sports & Exercise Physicians)

with FIFA Update

(Environment, Gender and Ethnicity in Football Medicine)

9 & 10 December, 2017, Dubai, UAE

Congress: www.fmcedubai.ae | #ECOSEPDUBAI

Registration: <http://dubaithrombosis.ae/ecosep/form.php>





Sami Al Qamzi

Director General, Dubai Economy
Chairman, FIFA Medical Centre of Excellence Dubai
Chairman, Organizing Committee -
5th Congress of the ECOSEP & FIFA Football Medicine update

Dear guests,

It's my pleasure and honor to invite you on behalf of the FIFA Medical Centre of Excellence Dubai to the 5th Congress of the European College of Sports & Exercise Medicine (ECOSEP) & FIFA Football Medicine Update' to be held 9-10 December 2017 at Mohammed Bin Rashid University of Medicine and Health Sciences in Dubai, United Arab Emirates.

We are proud to have an outstanding group of speakers from across the globe that will cover a range of exciting topics within sports medicine and related fields at the two-day congress. Participants stand to gain from the latest research and updates shared during the event as well as the vast opportunities provided for comprehensive learning in diverse disciplines of sports medicine, in addition to panel discussions, refresher courses and workshops.

Dubai has emerged as a sought after meeting place for people from all walks of life, including professionals, sportsmen, businessmen, and tourists. Over 200 nationalities call Dubai their home today and millions of visitors enjoy the renowned hospitality and warmth of this city across its spectacular hotels, malls, boulevards, beaches, entertainment hubs, sports facilities, traditional markets and airports round the year.

The 5th Congress of the ECOSEP & FIFA Football Medicine Update is also an opportunity to experience Dubai, and its openness to cultures and knowledge from all over the world.

We invite you to take advantage of this unique opportunity, and we look forward to meeting you in Dubai.

Sincerely

SUGGESTED SCIENTIFIC PROGRAM

SATURDAY DECEMBER 9TH 2017

08:00-08:30	Registration	
08:30-09:15 Workshops	1.Tendon Injuries Update Management (Hall 1) 2. ESWT (Hall 2) 3.Fighting inactivity (Hall 3)	4. Hamstring Rehabilitation (Hall 4) 5. Image Guided Injections (Hall 5) 6. ECOSEP Junior Doctors Committee (CM Hall)
AUDITORIUM		LECTURE HALLS
09:25-10:00	Official Welcome Chair: Michel D'Hooghe, John King, Amer Sharif, Yacine Zerguini	
10:00-11:15	Session I: ECOSEP Sport Exercise Medicine across the World Chair: John King, Yacine Zerguini	
11:15-11:30	Coffee-break	
11:30-13:00	Session II: FIFA Environment and Gender in Football Medicine Chair: Dr.Otto Chan, Dr.H.Al Tuniji	<u>Hall 1</u> Sport Psychology Lectures Chair: Dr.Mubarak Al Mutawa <u>Case Method Hall</u> Hamstrings Injuries in Sports Lectures Chair: Dr.M.Manara, Dr.Ricard Pruna
13:00 -14:00	Lunch, Refreshments, Commercial exhibition	
14:00 -15:15	Session III: ECOSEP - 4th Biennial Exercise Induced Leg Pain Symposium. Chair: Prof King , Prof .H. Lohrer	<u>Case Method Hall</u> Session IV: ECOSEP & FIFA Modern technologies & sports performance Chair: Dr.M.Dohe, Dr.Luis Till
15:15 -15:30	Coffee Break	
15:30-17:15	Session V: FIFA, ECOSEP & UAE FA Management of ACL injury in football Chair: Dr.A.Al Belooshi, Dr.G.Singh	<u>Case Method Hall</u> Soft Tissue Injuries in Sports Lectures Chair: Prof.PierPaolo Zunarelli, Dr.Iskandar.M
17:30 -18:30	<u>Case Method Hall</u> ECOSEP Board meeting	
20:00	Official Congress Dinner	

SUNDAY DECEMBER 10TH 2017

08:00-08:30	Registration	
08:30-09:15 Workshops	7. Laser Needle for MSK pathologies (FIFA centre) 8. TMG (FIFA centre)	9. US Tendon and Muscle Characterization Scan (Hall 1) 10. Ankle Injuries and current research (Hall 2) 11. Video Analysis a Tool for Prevention (Hall 3)
	AUDITORIUM	LECTURE HALLS
09:25-10:55	Session VI: UAE Football Association Update on Football Medicine Chair: Dr.Mustafa Al Hashemi, Prof.Paulo Lobo	<u>Case Method Hall</u> Session VII: FIFA Sports Field Emergencies Chair: Dr.Ian Beasley, Dr.Yacoub Al Hammadi <u>Hall 1</u> Sport Dentistry Lectures First Session Chair: Dr.A.Stamos, Dr.Al Farisi.M
11:15-11:30	Coffee-break	
11:30-13:00	Session VIII: ECOSEP & FIFA Update on muscle injury Chair: Dr.X.Valle, Dr.M.Ghrairi	<u>Hall 1</u> Sport Dentistry Lectures Second session Chair: Dr.D.Thompson, Dr.Jose Padhila <u>Case Method Hall</u> Workshop on MRI and Age Determination in Football <u>Emergency Department</u> Workshop on Stadium Emergencies Chair: Prof.Efraim Kramer
13:00 -14:00	Lunch, Refreshments, Commercial exhibition	
14:00-15:30	Session IX: Updates on Tendon Injuries Management ECOSEP & UAEFA & FIFA Chair: Prof.Nicola Maffulli, Dr.A.Ibrhaim	<u>Case Method Hall</u> Regenerative Medicine in Sports Lectures Chair: Prof.Nat Padhiar, Dr.Frederic Khiami
15:30 -16:45	Session X: ECOSEP 1ST Ankle Injuries Symposium Chair: Dr.Nikos Malliaropoulos , Prof.Hideo Matsumoto	<u>Case Method Hall</u> Evaluation of Injured Lower Limbs Chair: Prof A.Golhofer ,Dr.V.Korakakis
16:45 -17:00	Coffee Break	
17:00-18:00	Session XI: FIFA Team Physician challenges in 2018 Chair: Dr.Michel D'Hooghe, Dr.M.Ghrairi	
18:00 -18:15	Award Best Oral Presentation	
18:15 - 18:30	Take Home messages, Recommendations, Closure	

ORGANIZING & SCIENTIFIC COMMITTEE

FIFA

MICHEL D'HOOGHE
YACINE ZERGUINI

E.C.O.S.E.P

NIKOS MALLIAROPOULOS
NAT PADHIAR
KARIM KHAN

UAE FOOTBALL ASSOCIATION

MUSTAFA AL HASHEMI

MOHAMMED BIN RASHID UNIVERSITY OF MEDICINE AND HEALTH SCIENCES DUBAI - UAE

AMER SHARIF
RAMADAN AL BALOOSHI

FIFA MEDICAL CENTRE OF EXCELLENCE DUBAI - UAE

MOURAD GHRAIRI
MASSIMO MANARA



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FACULTY

E.C.O.S.E.P	FIFA	FIFA CENTERS OF EXCELLENCE	UAE & SPECIAL SPEAKERS
<p>Prof. John King Queen Mary, University London - UK</p>	<p>Dr. Michel D'hooghe President FIFA medical Committee Bruges - Belgium</p>	<p>Dr. Mourad Ghrairi FIFA medical centre of excellence Dubai - UAE</p>	<p>Dr. Saeed Al Thani Consultant Orthopedic Sport Medicine President Emirates Orthopedic Society Dubai - UAE</p>
<p>Dr. Xavier Valle FIFA medical centre of excellence FCBarcelona, Spain</p>	<p>Dr. Yacine Zerguini Member FIFA medical Committee FIFA-DO Algiers - Algeria</p>	<p>Dr. Ricard Pruna Medical Director 1st Team Physician FIFA medical centre of excellence FC Barcelona - Spain</p>	<p>Dr. Al Belooshi Ali Consultant Orthopedic Surgeon Dubai - UAE</p>
<p>Prof. Heinz Lohrer Zentrum für Sportorthopädie Frankfort - Germany</p>	<p>Dr. Gursharan Singh Member FIFA medical Committee Chairman AFC medical committee Kuala lumpur - Malaysia</p>	<p>Dr. PierPaolo Zunarelli FIFA medical centre of excellence Isokinetic Bologna, Italy</p>	<p>Dr. Yacub Al Hammadi Consultant Orthopedic Surgeon Sheikh Khalifa Medical City Abu Dhabi - UAE</p>
<p>Dr. Nat Padhiar CSEM Queen Mary, University London - UK</p>	<p>Dr. Michiko Dohe Member FIFA medical Committee Tokyo - Japan</p>	<p>Dr. Paulo Lobo FIFA medical centre of excellence Brazil Brazilia</p>	<p>Dr. Reema Al Hosani Consultant Sports medicine UAE Football Federation Abu Dhabi - UAE</p>
<p>Dr. Nikos Malliaropoulos CSEM Queen Mary, University Barts and The London , UK</p>	<p>Prof. Effraim Kramer Division of Sports Medicine Pretoria, South Africa</p>	<p>Dr. Lluís Till Medical Director S.L. Benfica Lesboa - Portugal</p>	<p>Prof. Albert Gollhofer Freiburg University Germany</p>
<p>Prof. Nicola Maffulli Queen Mary, University UK University of Salerno Italy</p>		<p>Dr. Mubarak Al Mutawa FIFA medical centre of excellence Dubai, Representative Riyadh - KSA</p>	<p>Dr. Dominic Gehring Freiburg University Germany</p>
<p>Dr. Dev Pyne Department Sports Clinic, Barts and The London, UK.</p>		<p>Dr. Suad Trabinjic FIFA medical centre of excellence Dubai - UAE</p>	<p>Dr. David Goodier Trauma Orthopedic Surgeon Independent Hospital London - UK.</p>
<p>Dr. Otto Chan Independent Hospital London - UK.</p>		<p>Prof. Frédéric Khiami Chief sports surgeon Hôpital La Pitié Salpêtrière Paris - France FIFA medical centre of excellence Dubai - UAE</p>	
<p>Dr. Amir Pakravan , Chair E.C.O.S.E.P Fighting Inactivity Committee London - UK</p>			
<p>Dr. Dawn Thompson Chair E.C.O.S.E.P Juniors Doctors Committee London - UK</p>			

REGISTRATION & KEY DATES

For Registration please visit: <http://dubaithrombosis.ae/ecosep/form.php>

12 CME accredited by Dubai Health Authority

ATTENDANCE CATEGORY	REGISTRATION FEES (UNTIL OCTOBER 15TH, 2017)	REGISTRATION FEES (FROM OCTOBER 16TH, 2017)
Physicians and Physiotherapists	US\$ 400	US\$ 500
ECOSEP Members Emirates Orthopaedics Society Members UAE Team Physicians & Physiotherapists	US\$ 300	US\$ 400
Students	US\$ 200	US\$ 250

OFFICIAL LANGUAGE OF CONFERENCE : ENGLISH

VENUE

Mohammed Bin Rashid University Of Medicine and Health Sciences
Dubai Health Care city - United Arab Emirates

KEY DATES

Deadline for submission of scientific contributions	15th October 2017
Confirmation of acceptance of scientific contributions	31st October 2017
Deadline early bird registration	15th October 2017
Online registration closes	1st December 2017
Onsite registration	600 US\$

GENERAL INFORMATION

IMPORTANT DATES

Deadline for early registration: October 15th 2017

Deadline for abstract submission: October 15th 2017

LUNCH AND REFRESHMENTS

Lunches are included in the participants' registration fee.

Coffee & tea will be available in the exhibition area during the breaks.

CERTIFICATE OF ATTENDANCE

Participants will receive a certificate of attendance with 12CME points from Dubai Health Authority.

ACCREDITATION WITH 12CME

The 5th ECOSEP Congress & FIFA update have applied for the UEMS CME Accreditation & UAE Ministry Of Health

OFFICIAL CONGRESS DINNER

The Gala Dinner will be held in one of most attractive restaurant of Dubai, on Saturday 9th December 2017, 8.00pm (120 \$ not included in the registration fee)

ACCOMMODATION

Hotel bookings must be arranged by participants themselves.

The organisers are not in charge of booking accommodation for participants.

SMOKING

The Congress is a non smoking event.

REGISTRATION DESK

Participants can pick up their personal Congress material at the registration desk, which will be open as follows:

Saturday 9th December 2017: 08.00 -17.30 h

Sunday 10th December 2017: 08.00 -17.30 h

The Congress Secretariat will be available to assist you during the Congress.

Please do not hesitate to contact this office for help or advice.

NAME BADGES

Participants and accompanying persons are obliged to wear the official Congress name badges on all Congress occasions.

CANCELLATION POLICY

For refund purposes the following deadlines will be applied:

- Before October 10TH 2017 : Participant will receive 50% refund.
- After October 10TH 2017, No refund.

EXHIBITION

Access to the exhibition is free for registered participants.

The exhibition will be open on 9th & 10TH December 2017 during the congress hours.

LIABILITY

By registering for the Congress and/or by participating in the trade exhibition organised during the Congress, participants and exhibitors agree that the University, the Organising Committee and the Congress Secretariat, assume any responsibility for damage or injuries to persons or property during the period of the Congress. Participants and exhibitors are advised to organise their own health, travel and personal insurances.

FIFA MEDICAL CENTRE OF EXCELLENCE DUBAI - UAE



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UAE FOOTBALL FEDERATION





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